

PUSH: Promoting U Through Safety & Health

Young workers are more likely to be injured on the job and less likely to advocate for their rights. PUSH is a toolkit designed for organizations to reduce workplace injuries, increase healthy habits, and build communication skills. In turn, these outcomes will result in a healthy and productive young workforce.

What does the PUSH toolkit offer?



1-hour online training to educate young workers on safety, communication and health



Supervisor-led “Start the Conversation” activities on workers' rights, safety and health



Social media prompts to facilitate understanding of learned concepts

What are people saying about PUSH?

PUSH participants reported:

69% improvements in health and safety on the worksite

63% positive change in safety and health behaviors

73% would recommend the training to a coworker



Testimonial:

"...we believe that using PUSH as a standard training for new hires is a wise investment in our employees. Not only does it enhance the training that we require for all workers, but the online format allows us to save time and money that we would otherwise need to spend on in-person training."

Barbara Aguon, Safety Manager
Portland Parks and Recreation

More about PUSH

PUSH is a self-paced and ready-to-use toolkit. It can take between 1 and 6 hours from start to finish

All components of the toolkit are free except for an annual license for the online training.

Online Training: \$20 per user

Customization and branding options available

Ready to get started or have questions?

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PUSH was a NIOSH-funded Total Worker Health® project. A Total Worker Health® approach is one that jointly addresses workplace safety and health hazards with illness prevention to reduce injury, improve safety and enhance worker well-being.