

# WORKPLACE SAFETY, HEALTH & WELL-BEING TOOLKIT



#### Contact us:

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Oregon Healthy Workforce Center (OHWC) is one of six national

Total Worker Health® Centers of Excellence funded by The National Institute for Occupational Safety and Health (NIOSH). Our Center is housed within the Oregon Institute of Occupational Health Sciences at Oregon Health & Science University in Portland, Oregon where over 75 scientists and research staff explore questions related to the prevention of injury and disease, and the promotion of health in the workforce. OHWC's mission is to promote the safety, health and wellbeing through Total Worker Health® research, collaboration and outreach with partner organizations, dissemination of evidence-based programs



### WHY SHOULD WE TRY THE TOOLKIT?

- Your organization will deliver an evidence-based program, and learn strategies to create a more effective and supportive workplace environment that advocates to improve safety, health, well-being, communication and team collaboration.
- You will help champion a culture of safety and health within your organization.
- Your feedback will provide valuable future toolkit design development information.
- You will help make valuable contributions to the research of occupational safety, health, and well-being programs.

## WHAT IS MY TIME COMMITMENT & COST?

- This program is free, except for the cost of printing scripted training materials
- Time commitment varies by toolkit, number of employees, and level of involvement
- Choose from a 3 to 12-month participation period
- Three 30-minute follow-up calls or in-person meetings for pre, mid and post-program check-in and completion of 3 surveys

#### INCENTIVES FOR COMPLETE PARTICIPATION

- Free access to digital files and/or scripted training in Total
   Worker Health for up to 200 employees
- Case study and testimonial featured on our dissemination website that our team will produce (written, video or podcast)
- End of program catered lunch and focus group
- 2 tickets to our Spring or Fall Symposium (\$120 value)
- 50% off computer-based training licensing for 2-years
- Phone and e-mail support during program